

FOLLOW ME

FOLLOW ME

THE BOOK OF
MARK

A study guide and daily reading plan



FOLLOW ME

What's Mark All About?

THEME

The ultimate purpose and theme of Mark is to present and defend Jesus' universal call to discipleship. Mark returns often to this theme, and as the narrative unfolds he categorizes his main audience as either followers or opponents of Jesus.

AUTHOR & DATE

Widespread evidence from the early church fathers affirms that Peter passed on reports of the words and deeds of Jesus to his attendant and writer, John Mark. The external and internal data most convincingly point to Rome as the place of composition and a date for Mark in the mid- to late-50s A.D. (but some scholars date it in the mid- or late-60s).

PURPOSE

Though Mark wrote from Rome, the Gospel of Mark was composed for the wider church as the record of the apostolic testimony of Peter. Even during the early Patristic period, Gentile Christians were frequently mentioned as the recipients of this Gospel. Mark addresses an audience that is largely unfamiliar with Jewish customs. He intends to familiarize them with those customs, because only then will they understand the coming of Jesus as the culmination of God's work with Israel and the entire world.

Read Through Mark

As we go on the journey through the book of Mark, we have provided a daily reading plan. If you want to grow in your faith, reading God's Word every day is essential. Consider it your daily bread! We recommend the SOAP method.



SCRIPTURE

Open your Bible to your reading for the day. Take time reading and allow God to speak to you. When you are done, look for a verse that particularly spoke to you that day, and write it in your journal.



OBSERVATION

What do you feel God is saying to you in this scripture? Ask the Holy Spirit to teach you and reveal Jesus to you.



APPLICATION

Personalize what you have read, by asking yourself how it applies to your life right now. Perhaps it is instruction, encouragement, a new promise, or corrections for a particular area of your life. Write how this scripture can apply to you today.



PRAYER

This can be as simple as asking God to help you use this scripture, or even a prayer for a greater insight on what He may be revealing to you. Remember, prayer is a two-way conversation, so be sure to listen to what God has to say. Now, write it out!

Reading Plan: Month One

READING TIPS...

- If you miss a day, that's okay! Don't miss two.
- Remember to use the **SOAP** method each day.
- Ask the Holy Spirit be your guide as you read. He will speak to you!

Week 1

<input type="checkbox"/> Monday	Mark 1:1-8
<input type="checkbox"/> Tuesday	Mark 1:9-15
<input type="checkbox"/> Wednesday	Mark 1:16-23
<input type="checkbox"/> Thursday	Mark 1:24-30
<input type="checkbox"/> Friday	Mark 1:31-45

Reflection: How does Jesus' call to the first disciples in Mark 1 challenge your response to His invitation?

Week 2

<input type="checkbox"/> Monday	Mark 2:1-8
<input type="checkbox"/> Tuesday	Mark 2:9-15
<input type="checkbox"/> Wednesday	Mark 2:16-23
<input type="checkbox"/> Thursday	Mark 2:24-30
<input type="checkbox"/> Friday	Mark 2:31-28

Reflection: What does the healing of the paralytic in Mark 2 teach you about Jesus' authority to forgive sins?

Week 3

<input type="checkbox"/> Monday	Mark 3:1-8
<input type="checkbox"/> Tuesday	Mark 3:9-15
<input type="checkbox"/> Wednesday	Mark 3:16-23
<input type="checkbox"/> Thursday	Mark 3:24-30
<input type="checkbox"/> Friday	Mark 3:31-35

Reflection: How does Jesus redefine family in Mark 3, and how does this shape your understanding of spiritual belonging?

Week 4

<input type="checkbox"/> Monday	Mark 4:1-8
<input type="checkbox"/> Tuesday	Mark 4:9-15
<input type="checkbox"/> Wednesday	Mark 4:16-23
<input type="checkbox"/> Thursday	Mark 4:24-30
<input type="checkbox"/> Friday	Mark 4:31-41

Reflection: What does Jesus calming the storm in Mark 4 reveal about trusting Him in the midst of life's challenges?



Reading Plan: Month Two

READING TIPS...

- If you miss a day, that's okay! Don't miss two.
- Remember to use the **SOAP** method each day.
- Ask the Holy Spirit be your guide as you read. He will speak to you!

Week 5

- Monday Mark 5:1-8
- Tuesday Mark 5:9-15
- Wednesday Mark 5:16-23
- Thursday Mark 5:24-30
- Friday Mark 5:31-43

Reflection: How do the stories in Mark 5 demonstrate Jesus' compassion and power to restore what is broken?

Week 6

- Monday Mark 6:1-8
- Tuesday Mark 6:9-15
- Wednesday Mark 6:16-23
- Thursday Mark 6:24-30
- Friday Mark 6:31-56

Reflection: What does Jesus feeding the 5,000 in Mark 6 teach you about God's provision and abundance?

Week 7

- Monday Mark 7:1-8
- Tuesday Mark 7:9-15
- Wednesday Mark 7:16-23
- Thursday Mark 7:24-30
- Friday Mark 7:31-37

Reflection: How does Mark 7 challenge you to focus on internal purity rather than external appearances?

Week 8

- Monday Mark 8:1-8
- Tuesday Mark 8:9-15
- Wednesday Mark 8:16-23
- Thursday Mark 8:24-30
- Friday Mark 8:31-38

Reflection: What does Peter's confession and Jesus' teaching on discipleship in Mark 8 mean for your daily life?

THE GOSPEL OF MARK



Reading Plan: Month Three

READING TIPS...

- If you miss a day, that's okay! Don't miss two.
- Remember to use the **SOAP** method each day.
- Ask the Holy Spirit be your guide as you read. He will speak to you!

Week 9

<input type="checkbox"/> Monday	Mark 9:1-8
<input type="checkbox"/> Tuesday	Mark 9:9-15
<input type="checkbox"/> Wednesday	Mark 9:16-23
<input type="checkbox"/> Thursday	Mark 9:24-30
<input type="checkbox"/> Friday	Mark 9:31-50

Reflection: How does the Transfiguration in Mark 9 help you see Jesus for who He truly is?

Week 10

<input type="checkbox"/> Monday	Mark 10:1-8
<input type="checkbox"/> Tuesday	Mark 10:9-15
<input type="checkbox"/> Wednesday	Mark 10:16-23
<input type="checkbox"/> Thursday	Mark 10:24-30
<input type="checkbox"/> Friday	Mark 10:31-52

Reflection: What does Jesus' interaction with the rich young ruler in Mark 10 teach about the priorities of God's kingdom?

Week 11

<input type="checkbox"/> Monday	Mark 11:1-8
<input type="checkbox"/> Tuesday	Mark 11:9-15
<input type="checkbox"/> Wednesday	Mark 11:16-23
<input type="checkbox"/> Thursday	Mark 11:24-30
<input type="checkbox"/> Friday	Mark 11:31-33

Reflection: How does Jesus cleansing the temple in Mark 11 inspire true worship and devotion in your life?

Week 12

<input type="checkbox"/> Monday	Mark 12:1-8
<input type="checkbox"/> Tuesday	Mark 12:9-15
<input type="checkbox"/> Wednesday	Mark 12:16-23
<input type="checkbox"/> Thursday	Mark 12:24-30
<input type="checkbox"/> Friday	Mark 12:31-44

Reflection: What do Jesus' words about the greatest commandment in Mark 12 teach you about love and obedience?



Reading Plan: Month Four



READING TIPS...

- If you miss a day, that's okay! Don't miss two.
- Remember to use the **SOAP** method each day.
- Ask the Holy Spirit be your guide as you read. He will speak to you!

Week 13

- Monday** Mark 13:1-8
- Tuesday** Mark 13:9-15
- Wednesday** Mark 13:16-23
- Thursday** Mark 13:24-30
- Friday** Mark 13:31-37

Reflection: How does Jesus' call to be watchful in Mark 13 encourage you to live with expectancy and urgency?

Week 14

- Monday** Mark 14:1-8
- Tuesday** Mark 14:9-15
- Wednesday** Mark 14:16-23
- Thursday** Mark 14:24-30
- Friday** Mark 14:31-72

Reflection: What does Jesus' prayer in Gethsemane in Mark 14 reveal about surrendering to God during trials?

Week 15

- Monday** Mark 15:1-8
- Tuesday** Mark 15:9-15
- Wednesday** Mark 15:16-23
- Thursday** Mark 15:24-30
- Friday** Mark 15:31-47

Reflection: How does Jesus' sacrifice in Mark 15 shape your understanding of His love and redemption?

Week 16

- Monday** Mark 16:1-8
- Tuesday** Mark 16:9-15
- Wednesday** Mark 16:16-23
- Thursday** Mark 16:24-30
- Friday** Mark 16:31-20

Reflection: How does the empty tomb in Mark 16 fill you with hope and a sense of mission for the resurrection life?



